



ASPIRE • BELIEVE • ACHIEVE



Curriculum Overview: PE

Year 9 Summer Term			
What are we learning?	What knowledge, understanding and skills will we gain?	What does excellence look like?	What additional resources are available?
<ul style="list-style-type: none"> • Athletics (Field) • Rounders • Softball 	<p>Knowledge</p> <ul style="list-style-type: none"> • Advanced knowledge of how to perform each field event • Greater K&U of how to improve technique and therefore pts. • Range of all roles • Enforce rules of rounders • Develop rules of softball <p>Understanding</p> <ul style="list-style-type: none"> • Selection of individuals activities. • how to talk to groups • Different activities effect different individuals • Taking groups/sessions, ref/umpire of games <p>Skills</p> <ul style="list-style-type: none"> • Explaining Pacing • Exploring range advance skills • Impacting on winning/Scoring • Coaching/captain of Positions <ul style="list-style-type: none"> • Impacting on games/events 	<p>Understand the long term benefits of exercise and contributing to every PE lesson.</p> <p>The ability to compete within school teams or represent the school and impact on games/activities.</p> <p>Applying knowledge to a Btec/GCSE style question.</p> <p>A clear effort to communicate and discuss knowledge and understanding via activities such Q & A within lessons.</p>	<p>BBC Bitesize</p> <p>http://www.afpe.org.uk/physical-education/new-online-videos-for-pe-core-activities/</p> <p>Youtube rules of games.</p> <p>https://www.brianmac.co.uk/</p> <p>Btec Cambridge Sports</p> <p>Doodle</p>