

We listen. We support. We act.
Because no child should feel alone.

The Children's Society

Online Activities

Starting on the 25th May 2020 via Microsoft Teams
You can access Microsoft Teams via the internet or download the app



To book your place, please contact Essexreferrals@childrenssociety.org.uk or 07725639571 with: Full name and age, Emergency contact details, what session, date and time of session/s you would like to attend. We will send you our confidentiality agreement which you will need to read and agree to the terms of. Let us know if you have had support from us before. Maximum of 8 young people per group.

Note: By booking a place, you are giving your consent to share any interactions you use during the online session with other participants, eg. Video streaming and audio content. You have the option of turning off your camera and microphone if you wish.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
<u>10 AM</u>	Bank holiday Monday. No sessions today.	Self-Care For You 	Staying Active for Life 	All About Me 	Building Communities Together
<u>12 PM</u>	Bank holiday Monday. No sessions today.	Friend or Foe 	One Community (Closed) 	Drug and Alcohol Awareness 	Strong Resilience
<u>2 PM</u>	Bank holiday Monday. No sessions today.	Boys Rule 	Fun Activities To Do At Home 	Staying Active for Life 	Fun Activities To Do At Home
<u>3 PM</u>	Bank holiday Monday. No sessions today.	Girls Rule 	Staying Safe in a Virtual World 	Law and Disorder 	Do You Know (Closed)
<u>4 PM</u>	Bank holiday Monday. No sessions today.	Let's Get Art 	Strong Resilience 	Quiz - Music 	Friday Dance Party

Staying safe in a virtual world –
Looking at the online world and the issues you face.

Boys Rule –
Discussion group for boys to talk about current issues for them.

Girls Rule –
Discussion group for girls to talk about current issues for them.

One Community –
Discussion group for LGBTQ+ community to talk about current issues they face.

Strong Resilience –
Building your resilience during difficult and challenging times.